



HEALTHMILES



HEALTHMILES SIGN-UP INSTRUCTIONS

1 - GO TO YOUR HEALTHMILES ENROLLMENT PAGE

Go to the appropriate KEHP HealthMiles Enrollment Page and click "Join Now" at the bottom

www.virginhealthmiles.com/kehpemployees (for employees under KEHP)

www.virginhealthmiles.com/kehpendependents (for adult dependents covered under KEHP)

www.virginhealthmiles.com/getactive (for waivers)

Employees and adult dependents covered under KEHP are also eligible for monthly drawings with over \$21,000 available in prizes each month!

2 – ENTER YOUR PERSONAL INFORMATION

- Enter the required **Personal Information**
- Choose a **Password (at least 8 digits, alphanumerical)**
- Click **Continue**
- Enter your **Credit Card Information**

3 - CONFIRM

- Review your **Personal Information** for accuracy
- Accept the **Membership Agreement** and **Privacy Policy**
- Click **Submit**

4 – RECORD LOGIN INFORMATION

- Write down your **Member ID** below and remember your password

- Download the pedometer software** from the link provided
- Log into your account with your member ID and password
- Complete the "**Manage Account Page**" and confirm your shipping Address for you **FREE** pedometer
- Click Submit and the pedometer will be delivered in 5 -7 work days

5- ACTIVATE YOUR GOZONE PEDOMETER

- Plug your pedometer into the USB cable provided
- Enter your Member ID and PIN. Click **Confirm**
- Enter in your height and weight and click **Continue**
- Click **Finish** and wait for the iSync window to pop up
- Click **OK** and your pedometer is ready to go!



6- GET MOVING!!

- Log in at www.virginhealthmiles.com and complete the Health Snapshot.
- If you have questions, call Virgin at (866) 852-6898